

Links to Helpful Resources & Information in Response to the Coronavirus

Updated Friday, April 3, 2020

GENERAL INFORMATION & NEWS OUTLETS

- [CU Anschutz Coronavirus Website](#)
- [Centers for Disease Control & Prevention Coronavirus Website](#)
- [Colorado Department of Public Health & Environment Coronavirus Website](#)
- [Tri-County Health Department Coronavirus Website](#) (You May Also Call 303-220-9200 for Information About the Stay at Home Order or Email callcenter@tchd.org)
- [Case Updates from Tri-County Health Department \(Specific to Adams, Arapahoe, & Douglas Counties\)](#)
- [City of Aurora Coronavirus Website \(Information in 9 Languages\)](#)
- [Aurora Public Schools Coronavirus Website](#)
- [Arapahoe County Coronavirus Website](#)
- [Adams County Coronavirus Website](#)
- [Colorado Restaurant Association Policies & Protocols](#)
- [Colorado Public Radio Daily Coronavirus Newsletter](#)
- [Free New York Times Daily Coronavirus Newsletter](#)
- [Free Washington Post Daily Coronavirus Newsletter](#)
- [Learn About Public Health Emergency Support Functions](#)
- [Coronavirus Denver Area Community Resources & Updated Medical Information](#)
- [Directory of Partners & Organizations Serving the Latino Community](#)
- [UCHealth Coronavirus Website](#)
- [Arapahoe/Douglas Works! Coronavirus Resources](#)
- [Children's Hospital Colorado Coronavirus Resources](#)
- [While At Home: Tools, Resources, & Supports During Coronavirus Outbreak](#)
- [Email CO Help \(English Only\)](#), or Call 303-389-1687 for General Coronavirus Questions to Receive Answers in Multiple Languages
- [Search 211 Colorado for Coronavirus Resources \(or Call 211\)](#)
- [American Heart Association Coronavirus Resources](#)
- [Coronavirus Resources & Information from Colorado Immigrant Rights Coalition](#)
- [City & County of Denver Coronavirus Website](#)
- [Aurora Chamber of Commerce Coronavirus Website](#)
- [Denver Chamber of Commerce Coronavirus Website](#)
- [Colorado Non-Profit Association Coronavirus Website](#)
- [Colorado Office of Economic Development & International Trade Coronavirus Website](#)

FOOD RESOURCES

- [Aurora Public Schools Breakfast/Lunch Grab & Go Sites](#)
- [Secocares Drive-Through Food Bank](#)
- [Cherry Creek School District Free Meal Sites](#)
- [Denver Public Schools Food Distribution Sites](#)
- [King Soopers Temporary Updated Store Hours](#)
- [Food Bank of the Rockies](#)
- [City of Aurora Food Resources for Kids](#)

- [Hunger Free Colorado Food Resources](#)
- [Colorado Department of Education Emergency Feeding Program](#)
- [Child & Adult Care Food Program](#)
- [Colorado WIC Resources](#)
- [SNAP Opportunities Guide](#)
- [Denver Area Open & Closed Food Pantries](#)
- [Aurora Restaurants Offering Delivery or Takeout Options](#)
- [Food Boxes for Adults 60+ or Immunocompromised Individuals at Dayton Street Opportunity Center](#)
- [New York Times Cooking Self Quarantine Recipes](#)
- [Article: “RTD Offering Free Grocery Delivery to Access-a-Ride Customers”](#)

RESOURCES FOR IMMIGRANTS

- [Emergency Fund for Undocumented Families](#)
- [Coronavirus Immigrant Resource Guide \(English\)](#)
- [Coronavirus Immigrant Resource Guide \(Spanish\)](#)
- [Colorado Coronavirus Resources/Recursos Coronavirus Colorado](#)
- [Nationwide Resources for Undocumented Immigrants](#)
- [City of Aurora Coronavirus Website \(Information in 9 Languages\)](#)
- **Call 303-389-1687 for General Coronavirus Questions to Receive Answers in Multiple Languages**
- [Support Undocumented Families](#)

REQUEST ASSISTANCE

- [CU School of Medicine Students Available for Community Help](#)
- [No Kid Hungry Coronavirus Grant Opportunity](#)
- [Need Volunteers? Contact Vicki Davis](#)
- [Apply for Blueprint to End Hunger Colorado Coronavirus Emergency Hunger Relief Fund by March 25](#)
- [File for Unemployment in Colorado](#)
- [Emergency Fund for Undocumented Families](#)
- [Email Tri-County Health Department for Medical Resource Requests & Questions](#)

MEDICAL RESOURCES

- [STRIDE Community Health Centers](#)
- [DAWN Clinic](#)
- [Emergency Connect for Health Colorado Enrollment for Currently Uninsured](#)
- [STRIDE Community Health Center CORONAVIRUS Drive Through Testing](#)
- [Information on Health First Colorado \(Medicaid\) & Child Health Plan Plus \(CHP+\)](#)
- [Tips for Dementia Caregivers from the Alzheimer’s Association](#)

RESOURCES FOR KIDS & FAMILIES

- [Scholastic Learn at Home Website](#)
- [Virtual Field Trips](#)

- [Enrichment Activities](#)
- [Entertaining & Educational Indoor Activities](#)
- [Mile High United Way Childcare Referrals](#)
- [Colorado Emergency Childcare Collaborative](#)
- [Sign Up to Receive Daily Tips from the Child Mind Institute](#)
- [Support Resources from Shiloh House](#)
- [Emergency Childcare Available for All Essential Workers in CO](#)

FINANCIAL/UTILITY INFORMATION, RESOURCES & TIPS

- [Article: “Denver Residents to Get Reprieve from Evictions, Utility Shutoffs During Coronavirus Crisis”](#)
- [Article: “Colorado Workers Affected by Coronavirus Closures Eligible for Assistance”](#)
- [Article: “Here Are 8 Steps to Take if You Can’t Make Ends Meet Because of the Coronavirus”](#)
- [Article: “How Utility, Phone, & Internet Companies Are Giving Consumers a Break During Coronavirus Pandemic”](#)
- [Article: “Which Consumer Lenders Are & Aren’t Helping the Most”](#)
- [Article: “U.S. Orders Up To A Yearlong Break on \[Some\] Mortgage Payments”](#)
- [Press Release: “House Passes Families First Coronavirus Response Act”](#)
- [Xcel Energy’s Response to Coronavirus](#)
- [Credit Card Issuers Offer Customer Assistance in Response to Coronavirus](#)
- [Free Comcast Internet Essentials](#)
- [Connect with Mile High United Way to Learn About Financial Assistance Options](#)
- [List of Remote Job Opportunities](#)
- [Disaster Loan Assistance](#)
- [Free WiFi Resources](#)

BUSINESS/NON-PROFIT INFORMATION & RESOURCES

- [News, Resources, & Advice for Small Businesses](#)
- [Small Business Guidance & Loan Resources](#)
- [Denver Small Business Emergency Relief Program Form](#)
- [On Havana Street Business Closures, Adjusted Hours, & Updates](#)
- [How to Stay Safe & Support On Havana Street Businesses](#)
- [Disaster Loan Assistance](#)
- [Aurora-South Metro Small Business Development Center Resources](#)
- [Coronavirus Emergency Loans: Small Business Guide & Checklist](#)
- [CARES Act Resources for Non-Profit & For-Profit Organizations](#)
- [Non-Profit Resources](#)

ENTERTAINMENT/EDUCATIONAL RESOURCES

- [Free Ivy League Online Courses](#)
- [Broadway Plays & Musicals to Watch from Home](#)
- [Nightly Opera Online Streams](#)
- [Virtual Museum Tours](#)
- [Free Books, Music, Movies, & TV Shows Through Hoopla with Library Card \(Get Your Library Card Online\)](#)

- [List of Free Online Courses, Audio Books, eBooks, Movies, Coloring Books, & More](#)
- [Online Games to Play with Friends During Coronavirus Outbreak](#)

GIVING OPPORTUNITIES

- [Aurora Public Schools Food & Crisis Fund](#)
- [Support Colorado Arts During Coronavirus](#)
- [Mile High Behavioral Healthcare Centers](#)
- [Food Bank of the Rockies](#)
- [Sign Up to Give Blood with Viatalant](#)
- [Register to be a Disaster Volunteer](#)
- [Volunteer with or Donate to Help Now Colorado](#)
- [Volunteer with Mile High United Way](#)
- [Email to Donate Personal Protective Equipment to UCH \(or Call 720-553-3000\)](#)
- [Email to Volunteer at Aurora Interfaith Services \(or Call 303-241-1563\)](#)
- [Donate to Colfax Community Network](#)
- [Donate to the UCH Health Care Worker Emergency Relief Fund](#)
- [Community College of Aurora Emergency Crisis Support Fund](#)
- [Support Undocumented Families](#)
- [Email to Donate Perishable Goods, Unperishable Goods, or Start a Food Drive for Colfax Community Network](#)
- [Volunteer for an Adams County Task Force](#)

SELF CARE & MENTAL HEALTH RESOURCES

- [Article: “Don’t Go Down a Coronavirus Anxiety Spiral”](#)
- [Article: “Anxiety & Coping with the Coronavirus”](#)
- [Video & Article: “Coronavirus – How to Manage Your Mental Health During Self-Isolation”](#)
- [World Health Organization Mental Health & Psychosocial Considerations](#)
- [Crisis Text Line Tips \(or Text HOME to 741741 to Connect with a Crisis Counselor\)](#)
- [Short Breathing Exercise](#)
- [Isle of Calm: Stream 6 Hours of Soothing Music](#)
- [Aurora Mental Health Center](#)
- [CU Department of Psychiatry Coronavirus Support](#)
- [Free Meditations, Mindfulness Practices, & More from Calm](#)
- [Submit Your Art for “The Curve: Special Edition of The Human Touch”](#)
- [Wellness Resources from the Anschutz Health & Wellness Center](#)
- [Coping Resources from the CU Helen & Arthur E. Johnson Depression Center](#)